

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 <b>HAPPY LABOR DAY</b>	7 Half Day – No Lunch	8 Half Day – No Lunch	9 Boneless BBQ Wings w/ Split Top Dinner Roll Or Turkey and American Cheese Wrap	10 Big Daddy's Pizza Or Grilled Chicken Caesar Salad
13 All-White Meat Chicken Tenders w/ a Split Top Dinner Roll Or Tuna Salad Sandwich	14 Cheese Ravioli with Marinara Sauce Or Buffalo Chicken Wrap	15 California Cheeseburger w/ lettuce, tomato & onion Or Grilled Chicken Bruschetta Salad	16 Yom Kippur – No School	17 Big Daddy's Pizza Or Italian Sub Sandwich
20 Popcorn Chicken w/ a Split Top Dinner Roll Or Turkey BLT Wrap	21 Cheese Stuffed Sticks w/ Marinara Sauce Or Grilled Chicken Caesar Wrap	22 Nachos Grande w/ Beef, Cheese, Brown Rice & Scoops Or Fruit & Cheese Platter	23 General Tso's Chicken w/ Vegetable Fried Rice & a Fortune Cookie Or Taco Salad	24 Big Daddy's Pizza Or Ham and Cheese Sandwich
<b>Jersey Fresh Farm to School Week</b>				
27 Chicken Nuggets w/ Split Top Dinner Roll Or Chef Salad	28 Lasagna Roll Up w/ Split Top Dinner Roll Or Grilled Chicken Bruschetta Wrap	29 Cheesesteak Hero Or Crispy Chicken Salad	30 Pepperoni Calzone Or Turkey, Bacon & Cheddar Cheese Wrap	



**Locally Grown  
Bartlett Pears**



Fruits & Vegetables from The Farm  
Stand are included with lunch.



**Locally Grown  
Corn**



**Free meals for all students\***



**At least 50% of All Grains served  
w/ your meal are Whole Grain Rich**

**FOOD  
ALLERGIES**

Allergy Aware menus are available for students with food allergies.  
For more information contact your Food Service Director or see  
our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

**A Complete Lunch Includes:**

Entrée (with Protein/Grain)

**Trip to The Farm Stand**

(students must select at least a serving  
of fruit or vegetable)

Hormone-Free Milk

**Menu Subject to Change**

Your comments are important to us. Please e-mail  
us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal  
opportunity provider."